



TOP TIPS FOR EFFECTIVE EXAM PREPARATION

"I dreamed I stood in a studio and watched two sculptors there. The clay they used was a young child's mind and they fashioned it with care. One was a teacher the tools she used were books and music and art; one was a parent with a guiding hand and a loving and gentle heart. And when at last their work was done they were proud of what they had wrought for the things they had worked into the child could never be sold or bought. And each agreed she would have failed if she had worked alone for behind the parent stood the school, and behind the teacher stood the home." Unity – author unknown

Parental support is eight times more important in determining a child's academic success than social class, according to a new study. The campaign for learning found that parental involvement in a child's education can be the difference between a top grade and a low pass at GCSE.



Place the mobile phone into a lockable box during revision and during the night.



Be your son's study buddy and test him at the end of/during each revision session.



Teach your son breathing exercises to help him control/calm his nerves (download an app)



Encourage your son to revise in the school/local library.



Remove the games console until all work has been completed for the day.



Ask your son to read out loud (books/newspaper articles) to you or his younger siblings.



Set a time limit when he is completing past paper questions (1 mark = 1 minute).



Make sure he gets 7-8 hours sleep each night (no games/phone after 10pm).



Ensure your son has a healthy breakfast every day.



Agree a revision timetable. Be flexible. He should stick to it 80% of the time.



Switch off wifi during revision and at night time.



Agree rewards for completed revision sessions & improved grades.



Check for homework and revision materials on Show my Homework.



Ask older siblings to work with your son and help with revision techniques.



Ensure your son does some form of exercise each week (walking, cycling, running,..)



Encourage him to talk to you (work side by side and initiate the conversation).