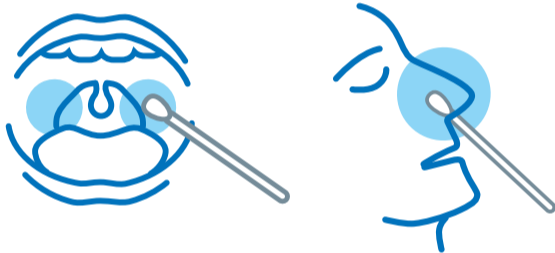


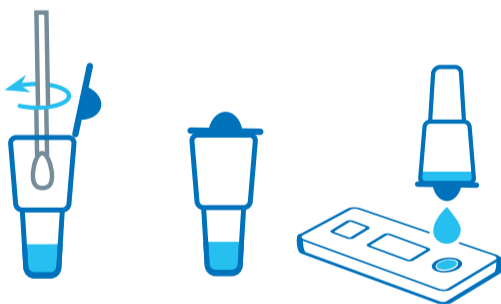
# Four easy stages of a rapid COVID-19 self-test



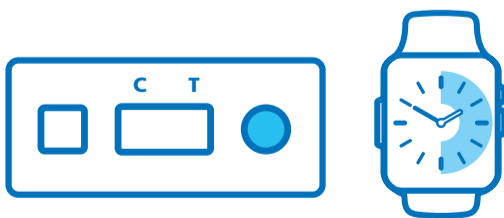
- 1** **Set-up:** sanitise testing area and hands, unpack kit, read instructions



- 2** **Swab:** throat then nose



- 3** **Process test:** place swab in liquid in tube, squeeze liquid onto test device



- 4** **Read result:** ensure test device is on a flat surface, wait and read result at 30 minutes