

Developing a Student's Growth Mindset

1. Encourage students to view challenges as opportunities.

Having a growth mindset means relishing opportunities for self-improvement.

2. Try different learning strategies.

There's no one-size-fits-all model for learning. What works for one student may not work for all.

3. Replace the word "failing" with the word "learning."

When students make mistakes or fall short of a goal, they haven't failed; they've learned.

4. Value the process over the end result.

Encourage students to enjoy the learning process. The final mark is not the goal.

5. Emphasise growth over speed.

Learning fast isn't the same as learning well, and learning well sometimes requires allowing time for mistakes.

6. Portray criticism as positive.

Students should be open to criticism and see this as the gateway to progress.

7. Disassociate improvement from failure.

Stop students from assuming that "room for improvement" translates into failure.

8. Provide regular opportunities for reflection.

Let students reflect on their learning at least once a lesson.

9. Place effort before talent.

Hard work should always be rewarded before inherent skill.

10. Cultivate grit.

Students with that extra bit of determination will be more likely to seek approval from themselves rather than others.

11. Use the word "yet."

Dweck says "not yet" has become one of her favourite phrases. Whenever you see students struggling with a task, just tell them they haven't mastered it yet.

12. Encourage students to make a new goal for every goal accomplished.

Growth-minded people know how to constantly create new goals to keep themselves stimulated.

13. Ensure that students think realistically about time and effort.

It takes time to learn. Students shouldn't expect to master a topic in one lesson/ week/ month/ year.

14. Students should take ownership of their new attitude.

Once students develop a growth mindset, they should acknowledge they possess a growth mentality and be proud of it.